

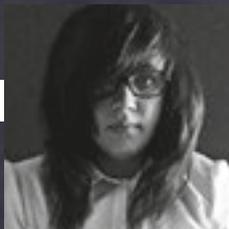
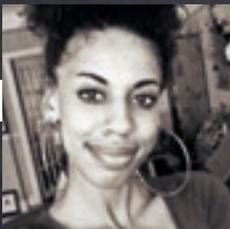
EVERYTHING ELSE YOU CAN DO



STUDENT OPPORTUNITIES DIRECTORY

HELLO THERE! WE'RE ELLA AND EMILY,
BOTH STUDENTS HERE AT CANTERBURY
CHRIST CHURCH UNIVERSITY AS
WELL AS MEMBERS OF THE STUDENT
DIRECTORY EDITORIAL TEAM.

AS WE ARE WELL AWARE OF HOW YOU
MUST BE FEELING GIVEN THAT YOU'RE
ABOUT TO ENTER A WHOLE NEW
WORLD, WE WANTED TO OFFER YOU
A TASTE OF WHAT UNIVERSITY IS ALL
ABOUT THROUGH THE EYES OF THE
MANY STUDENTS WHO ARE OR HAVE
BEEN PART OF CHRIST CHURCH.



SO WHY SHOULD YOU GET INVOLVED?

There are paid and voluntary opportunities, opportunities to improve on your skills and learn new ones, to try new things and have a bit of fun! You can get involved in these activities, even if you commute from home – it's a great way to meet new people as well as making new memories.

This booklet provides a taster of what you can do – read through the service summaries and their student stories, see what takes your fancy, and then use the directory at the back of the book to begin your own story. The directory has all the contact details you need to make a start.

WE HOPE YOU ENJOY AND GOOD LUCK!

ACADEMIC ENGLISH SERVICE

The Academic English Service is available to all students whose first language is not English.

We offer assessments, tutorials and classes to help students develop English for academic purposes.

We also believe that our students can enjoy themselves, develop useful skills and make social contacts by joining in with some of the University's non-academic activities. For this reason:

WE WELCOME STUDENTS TO VOLUNTEER FOR US.

VOLUNTARY WORK INCLUDES:

- Representing us on our front desk in Augustine House, dealing with enquiries and making bookings for us.
- Helping us at Open Days, Welcomes, Inductions and other events.
- Planting, growing (and eating!) the plants on our two allotments.
- Meeting as a Focus Group, discussing issues and future plans for our service.

WE ALSO PAY STUDENTS TO WORK FOR US:

- As writing mentors who help students with assignment writing.
- As administrative assistants.



DIALA NIKOLAEVA HISTORY / MARKETING, GRADUATED 2014

While I was doing my Bachelor's degree in the Business School, I was referred to the Academic English Service by my tutor after failing an essay, as English is not my first language, and soon after I started to attend the workshops offered. At the time the service was quite new and I offered to help them with their marketing. The team liked my ideas and a few weeks later I became their first volunteer. Within six months I was a paid member of the Academic English Service team. I used my IT skills to help with administrative work and soon I was managing the growing team of volunteers. My line manager and colleagues have always been extremely supportive and inspirational. Through working with the Academic English Service I have learnt about the different activities in the University and made contacts with many different services. I have managed some very interesting projects and campaigns, such as the extended library 24/7 opening hours research project in 2014. This involved organising a big team of student researchers and processing all the data that was produced.

Now more than two years later I can really see all the positive effects this job had on my personal and professional development. My language and work skills have dramatically improved and I feel much more confident in my communications. My position as Research Assistant made me much more engaged with the University and gave me the opportunity to apply the knowledge I gained on my course in a real world working environment. It has been a great journey working for Canterbury Christ Church University and it started with my approach to the Academic English Service.

KUMAR VENKATACHALAPATHY, INTERPROFESSIONAL LEARNING (MENTAL HEALTH NURSING) FINAL YEAR

I am studying Mental Health Nursing which I chose because after 10 years of working as a health care assistant. I wanted to improve my skills and knowledge. My personal tutor advised me to get help from Academic English Service because I am an international student and my first language is not English.

Because of the tutorials and workshops offered through the Academic English Service I have achieved good grades in my essays and my confidence levels have increased. I have also been involved in volunteering work for the service where I help out giving information to students about the support the Academic English Service provides and have represented the service at different induction events.

These experiences have helped me socialise with other students and I have developed my communication skills which are very useful in my career. Now I can finish my course without any problem. I really appreciate the support I have received and I have no words to express my gratitude. I recommend the Academic English Service to other students whose first language is not English – the help and support from the service will enhance their language skills. I also think every student can benefit from being involved with volunteering or other opportunities at Christ Church.

ACADEMIC LEARNING DEVELOPMENT

Academic Learning Development provides free of charge academic support for all students studying at the University. You do not have to be struggling with your studies to benefit from our guidance. Students have the opportunity to meet with our staff to gain support in developing and enhancing their academic skills.

ONLINE RESOURCES

Our online resources on the Academic Learning Development Blackboard include advice and exercises for developing your academic skills. You can find the Academic Learning Development link by clicking the Student Support link on Blackboard.

INDIVIDUAL AND SMALL GROUP CONSULTATIONS

These sessions are usually one hour long and take place at a mutually suitable venue such as the dedicated Academic Learning Development space in Augustine House, Canterbury, or a small study room at the campuses in Broadstairs and Medway. The sessions are typically on academic topics such as essay structure, referencing and avoiding plagiarism, critical analysis, presentation skills, revision skills and exam techniques.

WORKSHOPS

We organise and run workshops at all campuses. Workshop details can be found on our Blackboard pages.

If you would like more details on any of the above opportunities please contact Academic Learning Development.

learner@canterbury.ac.uk



ALANA SPEAKMAN-BELL MENTAL HEALTH NURSING YEAR 2

I chose Canterbury Christ Church because out of all the Open Days I had attended Canterbury Christ Church was the best university to meet my needs and for my choice of course. The reason I chose my course was because I have always had a passion for helping and caring for others. I previously studied A-level Health and Social Care with nursing in mind as a course to study at university and was looking for somewhere that offered placements in care settings. Christ Church offered this so I knew that Mental Health Nursing was the course for me.

At Canterbury Christ Church I have had the opportunity to attend the Academic Learning Development workshops where I was able to ask for advice with various issues such as referencing and revision techniques. I first heard about Academic Learning Development through a friend who advised me to go to a referencing workshop because I initially found it difficult to reference as it was the first time I had used ***Harvard referencing**. Through the Academic Learning Development Blackboard I was able to see the dates and times of the workshops to book myself in.

My advice to a new student beginning at Canterbury Christ Church University would be to attend the workshops the team run and see what they offer. If you are having difficulty with academic work they are happy to give individual advice and tips, to help you to improve and succeed.



Referencing is a system used in academic writing to indicate where ideas, theories, quotes, facts and any other evidence and information used within an assignment can be found. You need to reference your work in order to avoid plagiarism which is a form of academic theft. It also demonstrates the wider research you have undertaken and enables your reader to consult the materials that you have used.

Harvard referencing is a particular type of referencing system which prescribes a certain format for your citations, reference list and bibliography. More details and guidance on Harvard Referencing can be found on Blackboard.

EUNICE IDOWU ODIA EARLY YEARS STUDIES FOUNDATION YEAR

The University offers students a lot of great opportunities which include easy access to study support services where they can have one to one tutorials with one of the academic learning advisers. All of the team are great, making sure at the end of your tutorial that you leave with more confidence and improved skills. I would definitely recommend this service to all students. There are a lot of opportunities to improve skills and your studies, especially in grammar, essay writing, referencing and many more skills. Without this service I would have been lost in my studies and and I thank everyone in the team for helping me.

When I started at university two years ago my grammar and spelling were very poor. With the help of the tutors in the Academic Learning Development team my grammar and spelling have really improved which has made me more confident. Now I can enjoy my studies.

Without this service I would have really struggled because I was really confused about what to do or what to write in my assignments – all that I can say is that in two years I have developed my writing skills and confidence a lot!



ALICE PRINGLE, PRIMARY EDUCATION FINAL YEAR

As a Primary Education student, I regularly use the resources provided by Academic Learning Development and arrange meetings with the team in order to benefit my grades.

I originally found out this opportunity was available when e-mailing the i-zone to request support with referencing; I was then put in contact with the Academic Learning Development team who were able to help me. From the initial meeting, I learnt that the team had a wealth of resources that I could use to enhance my academic writing, preparation for exams and techniques for presentations. I was also able to book further appointments for guidance on how to improve my assignments and meet the requirements of my course.

Feedback and advice from these sessions have enabled me to identify strategies that I can independently apply to ensure I am meeting learning outcomes and achieving the highest possible grades. As a result of the support I have been given from the Academic Learning Development, I am now on track to gain a first class honours degree!

I would highly recommend all students to use the services available from the Academic Learning Development team.



ARTS EXTRA



Arts Extra is a student volunteering scheme run by the Arts and Culture department at Canterbury Christ Church which aims to support and promote the huge diversity of arts and culture events on or around campus.

By joining Arts Extra you will have the opportunity to get involved in areas as diverse as arts marketing, stage management and/or front of house support. This could include writing reviews of shows, taking part in weird and wonderful publicity stunts or making sure that concerts and performances run to plan.

A great opportunity to develop new skills and that all-important work experience, there are also opportunities to contribute to the University's arts and culture programme more generally and represent the student body at Arts Advisory meetings and focus groups.

THERE ARE CURRENTLY THREE STRANDS TO THE PROGRAMME:

- Front of House/Stage Management Volunteers
- Technical Volunteer
- Arts Marketing Volunteer
- If you are passionate about the Arts – like theatre, music, art or dance – then Arts Extra may be the volunteer opportunity for you!

For further information and advice on who to contact please go to the Arts and Culture webpages:

www.canterbury.ac.uk/arts-and-culture

IRINA CRISTACHE, SECOND YEAR MEDIA AND COMMUNICATION STUDENT

Ever since I was a little girl my dream was to become a professional journalist. My ambition is to be the host of my own travelling show and I chose to study Media and Communication to gain the necessary skills for making my dream come true. Canterbury Christ Church University was my first choice.

Even though I hadn't visited Canterbury before I started university, I chose Christ Church for many reasons. Firstly, studies show that Canterbury is the second safest place in the UK. Secondly, it is a beautiful historical city and it was love at first sight when I saw pictures of the Cathedral, buildings and green areas. And thirdly, as a media student, I wanted to live in a place where interesting events happen so I would have subjects to write about.

Canterbury Festival which takes place every year was another reason for choosing to study here and that Christ Church offers great opportunities to students, which help us gain important skills and become employable.

I take part in a lot of activities: I'm an Open Day supervisor and helper, a mentor for new students a journalist for the University's magazine, and have contributed to the opening of a new exhibition at the Beaney, but becoming a volunteer for Arts Extra was by far the richest and most exciting opportunity.

Through Arts Extra, I learned how to write a review for an event and we established a link with the local community radio which gave us training on how to run a radio show. I also learned how to write a good article, how to approach people and network and how to be a more creative and successful writer.

The Arts and Culture team runs many cultural shows all year round, from lunch time concerts to art exhibitions. Everyone is very friendly and through the Arts Extra scheme they offer various volunteering opportunities, for example stage management and arts marketing (which is the role I do). All the activities count towards the Christ Church Extra Award, which is an award for extracurricular activities, which is added to your ***Higher Education Achievement Report (HEAR)**.



Your Higher Education Achievement Report (HEAR) provides you with a comprehensive record of your university achievements, including some of your extracurricular activities, both during and upon completion of your academic studies at Christ Church. It is an extended academic transcript which contains detailed information about your learning and achievements and along with your degree result will support applications for employment and further study.





JULIANA ASHAMA PR MEDIA AND MARKETING YEAR 2

I decided to study at Christ Church as it was the only university that offered the particular course that I wanted to do. I liked the look of Canterbury and in comparison to London (where I'm from) it feels nice and quiet, peaceful and safe.

I've always known I wanted to get into marketing but I wasn't sure which field so the course provided me with an opportunity to try out different areas.

I like to keep busy so I've got involved in a number of different opportunities. I'm a tour guide for Open Days which is a paid opportunity, I've been working on some charity projects with the Business School which included a trip abroad and I've been involved with Arts Extra as an Arts Marketing volunteer and a Volunteer Technician. Getting involved in all these extra activities has so many benefits including building my time management and organisation skills! I found out about Arts Extra at the ***volunteering fair** and it's been great to see events from a different perspective and meet new people.

In addition I've signed up to the Christ Church Extra Award to record and recognise all my extracurricular activities. As part of the award I've even been invited to a fashion show in London!

My advice to other students is to grab every opportunity that comes your way and don't be afraid to get involved in things outside of your comfort zone, as I think that is what has enabled me to grow the most. It's developed my maturity levels and by being involved in so many extracurricular activities I've been able to gain professional experience that is not taught within classes.



Every year the volunteering team invites charities and voluntary organisations to the University to promote their opportunities to students. If you're interested in volunteering whilst you study, then this is a date not to be missed!

The 'INVOLVED' Volunteering Fair is on Friday 25 September in Augustine Hall from 12-3pm.



ANDREW TURNBALL FIRST YEAR PHOTOGRAPHY STUDYING AT THE BROADSTAIRS CAMPUS

I chose to study at Christ Church as I liked the look of the course, the size of the University and the local community at Broadstairs. The small size of the course allows me to get more one-on-one attention from lecturers and as the course is relatively fresh to the University I have a lot of creative choice with what I do and where I go with my work. In Broadstairs you have the beach a twenty minute walk away, a shopping centre five minutes way and Canterbury thirty minutes on the train.

As a first year photography student, Arts Extra is a great outlet for me as it allows me to gain real life professional photography practice whilst getting the support of the arts and culture team. You get the opportunity to go to some really fun events and then talk about and promote them to other students whilst volunteering.

Having your images up for people to see is great but it's the skills and confidence you gain by working with others, talking to people at the events and thinking about where and how your images will get presented, that you can't learn in a lecture.

My advice to other students is just to get involved from day one and do whatever it is you do. If you're a photographer, photograph every day, every sport event and every gig; if you're a graphic designer work on as many album covers, gig posters, websites and blogs as you can; work with Arts Extra, PlaySport... Whatever it is you do, DO IT!





HOLLY HAMILTON, EVENTS MANAGEMENT YEAR 2

I chose my course in Event Management because I had a keen interest in Business Studies and Travel and Tourism, both of which are covered by the course. I liked the fact that Christ Church is a campus-based university with a strong community-based atmosphere running throughout – it made the transition from college to university less daunting. I really liked the facilities that the University offered to its students, particularly the large library, which is in the city centre and is easily accessible offering a large range of resources to all students. And I liked Canterbury as a city; for me it continues to be an interesting yet calm place to study with many beautiful historical sites to explore.

Since starting at Christ Church I have taken part in many opportunities. I have worked with Canterbury Festival, volunteering at several events that they hosted in a Spiegeltent. For this my duties included helping to set up for the events/shows, front of house stewarding and ticket handling. I have also been a front of house volunteer for the Arts Extra scheme. As a front of house volunteer my responsibilities are to greet guests, distribute programmes, attend to any problems that arise

with seating arrangements and capacity checks. Additionally I was a stage management volunteer at Canterbury Cathedral's Annual Concert. For this I worked as part of team resetting the stage in between performances and clearing the performance space once the concert was over.

I originally found out about Arts Extra by attending the Volunteer Fair that Christ Church organises each year. I believe that being part of the Arts Extra programme and ***Canterbury Festival** has helped me gain valuable work experience, allowing me to take part and see how events are organised and executed. I have been able to gain confidence and develop key skills working with people who have been working within the events industry for several years.

My top tip for new students is to take every opportunity offered to you when you join Christ Church. Whether that's joining a society or volunteering for a local charity it is extremely important to get involved with extracurricular activities to allow you to develop and even learn new skills, as although getting a degree is a fantastic achievement, your future employers will be looking for that little bit more!



Canterbury Festival is Kent's International Arts Festival and one of the most important cultural events in the South East happening each October. The University is one of the major sponsors for the festival and each year students from the University get involved as volunteers to support this popular festival of music, theatre and dance, comedy, science, exhibitions, walks and talks.

One of the highlights of the Festival each year is the arrival of the Spiegeltent which houses many of the events. Dutch for 'Mirror Tent', these 19th and early 20th century large travelling tents are constructed of wood and canvas and decorated with mirrors and stained glass. Only a few remain in existence today!





THE CHAPLAINCY

The Chaplaincy has been around as long as the University has been here, offering a wide range of activities and opportunities to all staff and students. As faith specialists, the Chaplaincy coordinates all of the religious provision within the University, as well as seeking to build a community and provide safe spaces for people to talk and share issues within their lives.

We offer regular events and trips throughout the year to places like Dover and Walmer Castle, the Zoo, the beach etc. We also offer termly retreats, annual pilgrimages and regular daily acts of worship in the Chapel. The Chaplaincy also maintains all the prayer spaces across the four campuses and coordinates with the Equality and Diversity team on the Interfaith Council

and any interfaith events. And if you are into your music we have a robed choir, worship band and gospel choir, all of which are open to all and have the opportunity to sing and lead worship in the Cathedral. Each year we offer four choral scholarships for the University Chapel Choir, one on each voice part (Soprano, Alto, Tenor, and Bass) and one organ/conducting scholarship. Choral scholarships are worth £800 per annum and organ/conducting scholarships are worth £1,000 per annum.

The Chaplaincy Centre is always open for people to pop in either to see the Chaplains or to make the most of the library, quiet rooms, allotments and gardens.

chaplaincy@canterbury.ac.uk

mobile: 07841615904

facebook: Canterbury Christ Church Chapel

twitter: @CCCUChapel



MEGAN STOTT, GEOGRAPHY, SECOND YEAR

I stumbled across the Chapel when 'Sing Pray Eat' was happening and so I went in to see what was going on. I never looked back. The events, ministry and people within the Chapel are an important part of my student life and weekly routine. As an active member of the Chapel I have been a steward twice in the Cathedral for Carols by Candlelight (the University's amazing Christmas carol service), delved into the amazing Bible stories and made some wonderful friends. It is nice to take time out and spend time with fellow Christians and Dave and Jeremy (the Chaplains) are lovely. Being a member of the Chapel is possibly one of the best decisions I have made at university.

LIZZIE DAVIDSON, THEOLOGY, GRADUATED 2014

The Chapel is a space at the centre of campus that provides great opportunities and a way of getting to know people and to be able to serve the University community. It gives great support in a relaxed and non-judgmental environment with different spaces – from the quietness of the Chaplaincy Centre, to the events and services that are held in the Chapel itself. The events and services allowed for a greater understanding of faith and helped me to be able to put this in to practice in my day-to-day life.

The Chaplains themselves are amazing and have a great presence on campus, allowing them to be accessible to all students who need help with whatever problems that they may have. I loved being a part of the Chaplaincy team during my time at university as they provided a brilliant sense of community, different opportunities and gave me great support in academic study and in my personal life.



CHRISTOPHER JOHNSON, MUSIC AND THEOLOGY, GRADUATED 2011

The Chapel was an important part of my Christ Church experience from the very beginning. Being far away from home and without accommodation at first, the Chapel provided a ready-made community for me to be part of and support through difficult times. It was also great to be part of the Chapel because of the support for my faith, the events that they put on and the quiet facilities in the Chaplaincy Centre (where I wrote most of my dissertation in the end!). And how could I forget the Chaplains and their fun and kindness, even if the jokes were terrible sometimes!

CHRIST CHURCH EXTRA AWARD

The Christ Church Extra Award is the University's extracurricular personal and professional development award.

It rewards students for the many different activities they get involved in, alongside and in addition to their degree studies and provides a fun way for students to develop skills and meet new people. With access to a wide range of workshops and experiences it is the perfect way for students to make the most of their time at university to prepare for their future personal and professional lives.

Nowadays, being a student often involves much more than just studying and the award recognises many of the activities that students are already involved in such as part-time work, volunteering, summer internships, contributions to the Students' Union and to the University and even setting up their own businesses!

Employers are also looking at more than just the qualifications of graduates when they are recruiting – they are interested in the types of skills and characters graduates possess. With this in mind, we have designed a programme of workshops and experiences which will help students to develop into well-rounded graduates.

STUDENTS GET INVOLVED FOR A VARIETY OF REASONS, SUCH AS TO:

- Gain recognition for what they are already doing
- Stand out from the crowd
- Meet like-minded people and network with employers
- Enhance their career prospects and prepare for the future
- Have fun whilst improving their skills



SOPHIE RUTHVEN-MURRAY, LAW YEAR 1

I decided to choose Christ Church because of the beautiful location. The University itself is surrounded by rich history and the people in Canterbury are incredibly helpful and friendly, making you feel welcome. The University staff and facilities were as fantastic as the location surrounding it. The staff are always helpful and supportive of any issues that I have had, for example the amount of times I asked the i-zone where to find my lecture room, but they were always patient and showed they care about helping students!

I am currently studying Law because I have always had a huge interest in learning about the law. The course is demanding but gives students really inspiring opportunities as a reward for their hard work. I have had the opportunity to go to the ***Middle Temple** to meet practising and trainee barristers and talk with them about what a career in law is like. I have also had the opportunity to attend a legal careers talk in Augustine House to hear practising lawyers talk about what their legal firms are looking for in graduates. This gave me some direction in my studies and motivated me to achieve higher grades.

One of the most important elements of studying at university that I have found is the preparation for graduation and employment in your future career. Voluntary work gives you the experience that you will need when you graduate and Christ Church has an incredible support team who provide help to find voluntary work, and with your CV and covering letters for any internships or work that you want to apply for.

Through my volunteering I also got involved in the Christ Church Extra Award which is a fantastic opportunity, not only to reflect on the experience I gained from my voluntary work but also to attend great workshops and at the end of it get an award that recognises all the extra effort you put into your life while studying for a degree.

My top tip for students starting out is to take every opportunity that the University offers you and accept any support that is offered. If you accept the opportunities that the University gives you, there will be an abundance of experience on your CV which will give you a head start when you graduate.



Middle Temple is a law society and one of the four Inns of Court which have the exclusive right to call students to the Bar (the specialist profession of Barristers).

It is an institution which educates and trains students and barristers to provide specialist and expert legal advice and to become advocates of clients in court.



CHRIST
CHURCH
EXTRA AWARD

BRITTANY BUCKWELL-BOOMSMA FILM RADIO AND TELEVISION STUDIES FINAL YEAR

The main reason I chose Christ Church was so I could still live at home and have the best of both worlds – comfortable home life along with fun and exciting university life. I felt that this was the best university I could have chosen, because they offer so many great opportunities, especially the Christ Church Extra Award.

This was an amazing opportunity because not only are you rewarded for part-time work whilst at university, but also voluntary work and other extracurricular activities. When I started university I had a part time job and didn't realise that I could not only be earning money, but could also get an award for doing something I was already doing. I have worked throughout my three years at university, which to me was hard but rewarding, and so useful for the future. The Christ Church Extra Award acknowledges the hard work you put in outside of your degree and offers amazing workshops that you can attend such as interview techniques, presentation skills, time-management and getting the most out of volunteering.

If I had to give anybody some advice, it would be to take part in the Christ Church Extra Award. It looks so good on your CV, and if you're like me and are already working part-time then you've got nothing to lose. You can get rewarded for all the weekends and days you missed because you were working! Even if you don't work part-time, you can get recognition for other activities you take part in outside of university. Now that I am graduating, I feel proud that I not only have my degree but I also have an award that recognises all the hard work I have put in alongside my studies.





CHRIST CHURCH SPORT

Christ Church Sport delivers a range of ways in which to participate in sport and physical activity opportunities at the University. Our participation pathway begins with 'Move More', which provides tips, advice and motivation to help you be more physically active in your day-to-day life. You can also download our Wellbeing Zone app so that you can improve your health and wellbeing. 'TrySport' offers beginner-level sport and fitness sessions where you can sample a new activity or return to one you dropped out of previously. The Sport England funded 'PlaySport' programme forms the main recreational sport offer with opportunities for casual drop-in sessions as well as internal leagues and local opportunities across the county. The final strand of the pathway 'Performance Sport' is where the University's representative student clubs sit, who play regular fixtures against other universities and compete within the annual Varsity competition against the University of Kent. Within this strand also sits the Sports Scholarship programme, which offers support to high performing student athletes to help them manage the pressures of juggling their sport commitments and studies.

Christ Church Sport also offers a range of opportunities to volunteer and gain experience, as well as coaching qualifications.

The Sports Centre hosts much of the sporting activity, as well as various fitness classes and activities within the gym including a personal training service. Our partnerships with local organisations also allow access to some of the premier facilities within the county including Canterbury Golf Club, Kent County Cricket's St Lawrence Ground, Canterbury Rugby Football Club's Merton Lane facilities and Polo Farm Sports Club, the home of Canterbury Hockey Club. Furthermore, a brand new facility has just been opened in partnership with Polo Farm delivering even more towards your sporting experience. Recent research has shown that graduates who engaged in sport whilst they were at University earn on average £5,824 more every year than those that never got involved. So it's never been more important for you to get involved and there's never been a better time with so much on offer!

CHARLOTTE BUTLER, PGCE PE 11-18

I chose Christ Church for my undergraduate degree of Physical Education and Sports and Exercise Science as the course fitted my personality and offered opportunities and variety. I was given the opportunity to teach at differing age levels as well as learn sport, exercise and health and this fitted with my chosen career path in teaching which I am now working towards on the Post Graduate Certificate in Education.

I have been involved in many differing opportunities at Christ Church. I became involved in the netball team as a fresher and then jumped at the chance to take the role as the Sunday league umpire and co-captain. I then decided that in my second year that I wanted to take on the role of social secretary and to increase the club participation levels and to host different social events for members. This opportunity enabled me to develop my social skills, management and organisation and these factors led me to employment by Canterbury City Council and Rounders England as Head Coach and coordinator of rounders in Kent. This enabled me to provide a rounders session as a part of the TrySport scheme and following this a very popular rounders club was set up. I gained lots of confidence in working with other students and this led me to take on a leadership role within the Christ Church Sport environment.

Finally, I became President of the Netball Club. The responsibility of this role was incredibly beneficial to my own personal development. As another part of this role, I acted as an assistant coach, helping within the development team session. I held regular matches against our rival university, University of Kent, to help develop the students' netballing ability which led to us hosting a ***varsity** match for them. This experience led me to employment as a PlaySport coach for netball.

I feel that my experience has shown that the University can help you flourish with your own personal development and can lead you along different pathways. There is no way that three years ago I would have thought I would have been in the position that I am now and I truly believe that the opportunities that I have had at university have had a great impact in my development.

So my top tip for future students is to definitely try out a sport, no matter which one or how many – just get involved!



Varsity is a sporting event that started in 1996 and sees the two largest universities in Canterbury – Canterbury Christ Church University and the University of Kent – go head-to-head to showcase and compete in a range of sports.

It has now grown to around 40 fixtures that take place across Canterbury in the spring and summer terms, including rugby, hockey, football, athletics, cricket and more.

JESSE CHEDOTAL, PSYCHOLOGY FINAL YEAR

I moved from Dubai to Canterbury in 2012 to study Psychology. I immediately found that there were a lot of opportunities to get involved with extra activities outside of the course I was studying for, which really helped me settle into this new country.

At the beginning of my first year, I was convinced to give Lacrosse a go by the South East Lacrosse Officer for English Lacrosse, a former Christ Church student who was at Freshers' Fayre promoting the INTO Lacrosse programme as part of the TrySport programme. My first session was really enjoyable and made me come back for more. The friendly sessions, which catered for beginners, made me want to keep playing and learn new skills.

Following the TrySport sessions I really wanted to continue playing the game, so I joined the Students' Union's Men's Lacrosse Club. This allowed me to get a greater understanding of the game and start playing some competitive games against other universities. Not long after joining the Lacrosse Club I was selected along with a few other students to represent South East England Universities in a regional tournament held in Manchester. This turned out to be the springboard for me to then attend the French National Team try-outs. After three successful rounds of trials, I was selected to represent France in the Celtic Cup in Ireland finishing with a runner-up medal! Since then I've continued to represent France and was able to represent my country at the World Championships in Denver in the summer of 2014.

I have since continued to play Lacrosse regularly throughout my three years at Christ Church through the University's PlaySport programme and also with the Lacrosse Club which I am now President of. The University had already been very supportive for me but I was also awarded a Sports Scholarship to support me with the pressures of juggling a degree with high level sport.

My advice to anybody starting at Christ Church is to get involved in as much as you can as so many future opportunities will open up from it. There's so much to try so it's worth taking advantage of everything that is available to you.





SPORT ACTIVATORS

A range of Sport Activator roles are offered at the University in partnership with national governing bodies in badminton, football, gymnastics and volleyball. The main aim of the role is to generally increase participation which contributes to the growth of sport in the University and the sporting community.

The Activators are generally current students at the University and positioned within the University's sports department. The roles are mainly voluntary and are advertised on the volunteer website

www.canterbury.ac.uk/volunteer

Any paid activator positions are posted on www.unitemps.co.uk



THE STUDENT GREEN OFFICE

The Student Green Office (SGO) is a student-run team supported by the Sustainability Department. The SGO exists to engage fellow students in sustainability. The SGO does this by developing events, digital and print media that connect students with environmental, social and economic issues on their own terms in a way that makes sense to student life. The SGO provides opportunities for voluntary and sometimes paid roles each year via advertised roles and through connections with degree programmes such as PR & Media and Events Management. Training and support are provided via the Sustainability Team and Christ Church Extra training workshops.



MARGIT GUENTHER CRIME AND POLICING FINAL YEAR

I started studying Crime and Policing as I wanted to learn more about why people commit crime, why there is such a deep divide in certain parts of society and why so many people (including myself) are still unable to live in amity with themselves, others and their environment.

Here at Christ Church I am learning a lot; not only my course is mind-broadening but also the support, guidance and opportunities offered are invaluable. For example, when I started studying I found myself powerless to change the environment around me. I realise how badly we sometimes treat each other, but more particularly our environment, and I wanted to make a change. I didn't know how and I thought no one would care anyway so why even bother.

But then I got involved with one of the great opportunities at Christ Church - the Student Green Office. Working with members of staff and other students empowered me to find ways and means on how to make little but significant changes within my daily routine and even on campus!

Most of the changes concern environmental issues, but once I started paying more attention to these problems I also got a different perception on other areas. Would you imagine that it is possible to actually combine super exciting and serious criminology with hippy, rainbowy, everyone lives in harmony, sustainability issues? Guess what, it is. How? Why? Well, one thing you learn at this University is that you should challenge everything, especially when it comes to stereotypes. And another thing you will experience at Christ Church is that you can actually put into practice what you learn and that you can make a difference at our University.

Do you have a vision or a dream or a project in mind? Do it! If you find obstacles, don't be too shy to ask or to get involved. Become your own superhero, find peers, make things better and start with it right now, right here at this great University.

CCSU THE STUDENTS' UNION

The Students' Union offers a great variety of sports clubs available to students; these include sports such as football and rugby and lesser known sports such as lacrosse and kayaking. Sports teams have a stand at Freshers' Fayre to allow new students to see what's available and how to get involved. Clubs hold their trials on the weekend of 26-27 September with fixtures starting in October. For more information students should visit www.ccsu.co.uk/sport. Joining a sports team improves many skills including team work, leadership, motivation and willingness to represent Christ Church.

Similarly to sports, the SU also offers a range of over 38 societies ranging from the 'Politics and Debating Society' to 'The Doctor Who Appreciation Society'. It's really easy to set up a new society. All you need is five current students who share the same interest or hobby. Societies allow you to make new friends, meet a huge range of people and enhance invaluable transferable skills such as organisational skills and confidence.

Sports and Societies allow students the opportunity to become Committee members. Roles such as 'President' and 'Social Secretary' enable students to seek election from their peers to make decisions that affect the team/society as a whole. These positions can be used towards the Christ Church Extra Award and look great on CVs.

Christ Church Students' Union Council allows students to seek elected positions in order to represent a specific section of our student population. For example, there are 22 positions available such as 'Disability Officer' 'LGBT Officer' and 'Placement Health Officer'. By being part of the Council you become involved in the Union's democratic process, learn new skills and have the opportunity to network at various NUS events.

Raise and Give (RaG) is an initiative run by the Students' Union to help students become involved in volunteering and fundraising. Students are able to raise money for a charity of their choice and hold events such as cake sales, sponsored bike rides or evening events at the Lounge.



There are elected Student Representatives for every course offered here at CCCU. Student Reps are elected by fellow students to represent their needs within the programme. Student Reps attend regular Student, Staff Liaison meetings (SSL) with tutors and reps from other years or programmes. This opportunity allows students to build communication skills through voicing opinions that students feel strongly about. This position also ensures students are getting the best out of the university experience and course.

Welcome Crew is an initiative run by the Students' Union to help new students who are starting their university life at Christ Church. Those hoping to become involved in Welcome Crew apply for a position through the Students' Union and are selected depending on their application. Welcome Crew have many responsibilities including: helping new students move into their University accommodation; assisting at registration events in Augustine House; assisting in running SU trips, events and activities; signposting and directing students to the SU and University services around

the campuses; being a friendly first face at Christ Church and acting as an SU brand ambassador; raising awareness of SU services such as clubs and societies, the Lounge and Barista & Baker, Freshers' entertainments, NUS Extra, etc.

CCSU has many student media opportunities available for students. There are three media outlets students can become involved in; CSR (student radio), CCTV (student media TV channel) and Unified (student-run newspaper). These opportunities are particularly helpful for students hoping to gain skills in the media sector.

Student Media Reps, Union Council and the Leadership team, Student media – all of the above opportunities are volunteering roles and can therefore be used towards the Christ Church Extra Award!

CHRIST CHURCH
**STUDENTS'
UNION**



BRONWEN EDWARDS POLITICS AND GLOBAL GOVERNANCE FINAL YEAR

I chose to come to Christ Church as I loved the 'new' and fresh feel of the University. I also liked the location of the University which is close to London and completely different from the place I grew up. I chose the course as I've always had an interest in equality, fairness and the UK political system and at Christ Church the lecturers are involved in active research, so I have the opportunity to learn from those still working within the political field.

I have been involved in a great number of opportunities during my time here at Christ Church. I have been an Outreach Ambassador since my first year, going into partner schools to highlight the benefits of university to students. I have helped at events 'Personal Statement Workshops' and 'Law Taster Days'. Similarly, I have worked at Open Days presenting on topics such as Student Life here at Christ Church. These two paid roles have improved my confidence and presentation skills and allowed me to understand the barriers students face when considering university.

I have held two elected roles during my time here at university. I was an elected Student Representative for my course and elected member of ***Student Union Council** as the Disability Officer. These roles have given me experience of Student Union politics and the democratic process, and I have been able to represent disabled students studying here, raising awareness of disabilities and organising an 'Inclusive' Sports Day. I recently received an award for my contribution to the Council at the Students' Activities awards evening.

During my time here at Christ Church I was offered a part-time job with MP David Hanson in the House of Commons. I undertook a Junior Researcher position mainly dealing with political-based case work. This role helped me delve into the main political institution in the country and allowed me to network with possible future employers. I developed my social media skills from a professional perspective as I handled Mr Hanson's Facebook account, website and email weekly newsletter. Having an MP as my referee also looks great on my CV!

My top tip to any new student would be to get involved in as much as you can while at University, it will pay off in the end!



Student Union Council is an advisory board of current students who have been elected by the student body to represent specific student voices, such as disabled, black and minority ethnic (BME), international and postgraduate students to name just a few.

The posts are one year long and are voluntary and help to review and advise on Students' Union policies and procedures.



DARCY ANDERSON FILM RADIO AND TELEVISION STUDIES GRADUATE

My dad was actually the one who motivated me to put Christ Church down as one of my choices. He was really impressed with the low crime rate and city centre campus. I came for a visit and from then I was convinced that Christ Church would be a great choice and to this day it was the best decision I ever made. Even though I didn't visit on an Open Day, the academics on my course were more than happy to have a chat. I loved the idea of small class sizes so I could get personalised lecturing and I also liked the professional integration into the course. Media can be quite a challenging industry to get into, so being able to build a network of industry professionals was quite an exciting prospect.

During my time at Christ Church I have been involved in a number of opportunities. I was a cheerleader and played women's rugby which not only got me involved in a sport but also gave me the opportunity to help with some charity fundraisers. This gave me some great experience of organising events and working with other sports teams to raise money for a great cause. Before I graduated I also ran for a presidential position within the Students' Union for which I had to run an election campaign across all ***three campuses**. I was successfully elected twice and I have been involved in a number of different opportunities ever since. I

not only help organise events such as Freshers' Week and Summer Ball, but I also represent every student at Christ Church on issues such as academic affairs and welfare issues.

***Freshers' Fayre** was where I initially found out about the activities that the Students' Union offers. In my first year I didn't actually join any sports teams or societies but I went along again in my second year and decided to seize every opportunity possible. Being involved in sports teams then made me aware of what else the Students' Union had to offer including the presidential elections, and the rest is history!

Not only have the opportunities at Christ Church helped me build a fantastic group of friends but it's also shown me that there are some things you can't learn in the classroom. It's prepared me to go out there and grab other opportunities that may come along.



Canterbury Christ Church University has courses running from campuses across Kent – in Canterbury, Broadstairs and Medway. The University also accredits degrees through collaborative provisions including further education colleges across Kent and London.



If you haven't already heard about Freshers' Fayre, then you soon will do! It's a big event held every year during Freshers' Week, where new students can find out about and sign up for a range of different activities, sports and societies. You can usually bag lots of freebies!

Wednesday 23 September, 10am-3pm in Augustine Hall and St George's Place – early access for all students with access issues or additional needs.

LIAM PRESTON, GRADUATED IN FILM, RADIO AND TELEVISION STUDIES.

CHRIST CHURCH STUDENTS' UNION PRESIDENT
FOR TWO CONSECUTIVE YEARS.

My five years at Christ Church were the best of my life. I loved my course in Film Radio and Television Studies (FRTV) but it was what I did outside of my course that led to where I am now.

In my second year at Christ Church I volunteered as Station Manager for our local student radio station, CSR FM, in charge of business, budget and staffing for CCCU and University of Kent students. This early stage responsibility was both eye-opening and as essential as my course itself.

FRTV was my passion but I was realising my future career by my volunteer work – in my third year I dedicated more time as SU General Secretary and then ran for SU President and was fortunate to be re-elected. I was realising my passion for politics and working on policy for people, supporting their voice. I realised the smallest changes on a policy can result in a massive impact on students' lives.

My love of working with young people and developing relationships led to me to join the British Youth Council as a Trustee, which I later became Chair of, lobbying government on behalf of young people. I have also been a UK Rep to the European Youth Forum, representing the views of young people in the UK.

I led a delegation to China on behalf of the British Council to discuss bilateral issues facing young people and am an advisor on Youth to the Council of Europe. My 'day job' is now Senior Parliamentary and Policy Officer at the national charity, YMCA England, where my role is to influence government thinking around young people, and when I'm not doing this I am also a Parliamentary candidate at the General Election for the Labour Party.

The best part of having these experiences whilst studying was being able to try new ways of working, to experiment with different techniques and ultimately to make mistakes. By having these different roles it enabled me to learn from what went wrong and gave my future employers confidence that I had the practical experience in applying my knowledge already.

You cannot expect to walk into a graduate job role with your 1st or 2.1 degree certificate – it's just a piece of paper. It's what else you do alongside your degree and how you can demonstrate that to your future employers and networks – realise your passions and then find ways to experience working towards that passion, and always look for new challenges.



THE CORE (CAREER DEVELOPMENT)



Making the most of your time at Christ Church isn't just fun; it's also a great way to enhance your CV and boost your job prospects.

Once you enrol on your course, you will have access to The CORE, which is an online information system with hundreds of resources dedicated just for CCCU students, to help you choose and enhance your future career and prospects.

In addition, we have CORE drop-in areas, where you can pop by and see us at your convenience any weekday, to get your CV checked or get some quick advice about job hunting. For more in-depth guidance, for example choosing a future career, we offer confidential appointments with a trained professional who will guide and support you to make informed decisions.

You'll also be able to attend careers workshops and networking events, access advice on further study, and register for work with the University's recruitment service, Unitemps.



THE CORE CAREER DEVELOPMENT

CHRISTINA ACKAH ANNOBIL, FINAL YEAR FINE ARTS AND ENGLISH LITERATURE STUDENT

With the ability to study within my two favourite areas, Fine Art and English, Canterbury Christ Church University was my first choice.

My first temp job was on Open Day, where I helped guide prospective students and parents around the main campus, and gave them details of my own experiences as a student.

I then had an opportunity to work within the Careers office, which gave me the chance to catch a sneak peek of what went on behind the scenes of a university!

Following on from this, I was recommended to work within the Vice-Chancellor's Office, an opportunity I had never even considered as a possibility for me! This is a role I returned to several times, as and when I was needed, and from which I was asked to give a reading at the Vice-Chancellor's installation in Canterbury Cathedral.

My next role was as Library Administrator, a part-time position that taught me the importance of good time-management between work and studies. I was in this role for several months and again, I learned about not only the role I was working in, but the breadth of work that goes on in a university department.

As well as career experience, I joined the University Boxing Club which helped me improve my fitness and allowed me to let off some steam. Being part of a club meant I could build friendships outside of my course and, I feel, get the most out of my university experience.

For my final year, I returned to working within Careers as the front-of-house face of the new Careers service, The CORE. After training, I gave students help with CVs, covering letters and looking for part-time work. This was strange at first but something I was very glad I had the opportunity to do. It has helped develop my own knowledge of the "dos and don'ts" of CV writing and how best to market yourself to a potential employer, skills I will be able to carry on using in the future.

For each of the opportunities I have been given, I have made some great friends and developed great skills I can use for future career prospects.

Paid or unpaid, I think opportunities to network within CCCU, either socially or professionally, are great for self-development. My top tip for anyone joining the University would be to put yourself out there from the start. Join a sports club or society, get a part-time job within the University or outside of it, and meet as many people as you can.

MATTEO CAVENA, PSYCHOLOGY FINAL YEAR

Originally, I wanted to study Forensic Investigation and Psychology, and CCCU was one of the few universities that offered that particular combination (I later carried on with Psychology alone).

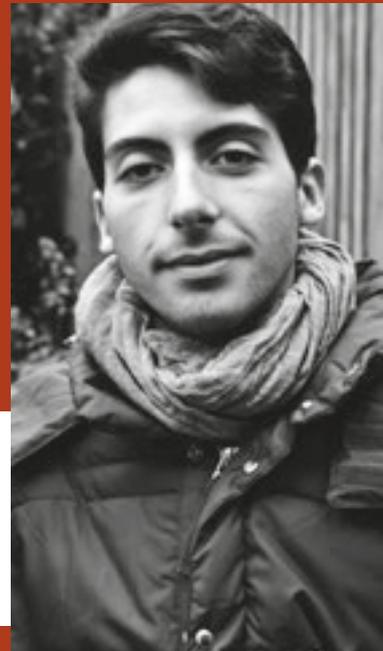
Little did I know back when I applied, that I was going to get involved with the University Careers Service and work in a variety of settings. I assisted prospective students around campus during Open Days; I worked in Admissions during the Clearing process; I made sure that new students knew how to report faults in their new student accommodation.

I also contributed to the smooth running of events like the ***Annual Learning and Teaching Conference** and even spent several long nights at the library, when the 24/7 opening hours were being tested for viability!

However, the most valuable experience has been working in the student career advice drop in, known as The CORE. At The CORE I have had the chance to get to know students, from their CVs and from the future aspirations they shared with me. I was trained in giving tips on how they could make their covering letter and CV more effective, by suggesting new volunteering and work positions or even workshops and webinars that the team advertise in our online CORE platform.

This role put me in close contact with people in an unassuming and not-for-profit way, which has made me appreciate how valuable it is to have learned a skill that you can share with other people.

I intend to make good use of what I learned through all these work experiences at CCCU, in fact I believe that they will help me to find a job while I carry on with my studies after graduation. To new students, I would say that you all have something to offer, but you need to remember what the University can offer you: think about the skills that you want to develop for yourself and for your career and find opportunities that can help you develop those skills. Chances are that if you want something enough you have the talent to accomplish it, all you need is the opportunity to do so, through success and mistakes!



The Annual Learning and Teaching Conference is an event at CCCU every summer, for students and staff, to celebrate the year's learning and teaching achievements, learn best practice and focus on ways to improve for the future.

THE CORE CAREER DEVELOPMENT

SUSAN ODEV EDUCATION STUDIES AND HISTORY YEAR 2

I am a mature student and was a little wary about going 'back to school'. I chose CCCU for a number of reasons – the location as, like many, this is my local university; the option to study both Education and History as my original plan was to become a secondary school teacher; and finally the campus – I loved the variety of buildings and their history.

Once here I learnt that there were lots of opportunities beyond Freshers' Week to get involved in university life. And my age was not a barrier, but a positive advantage. I applied to be a Student Ambassador for the Outreach Team and have had many wonderful experiences going out to schools and working with young people who might not normally consider university as an option. I wish that I had had these workshops etc. when I was at school, perhaps I would have gone to university earlier!

Outreach provides training to all ambassadors in a wide variety of skills including mentoring and presenting. It was also a really good way of meeting other students outside my course.

Then I applied to work as a temp within the University and ultimately became a CORE Champion within Career Development. I had worked in HR and recruitment before so it was wonderful to be able to advise fellow students on how to improve their CVs using my previous work experience, but I also learnt a lot as well.

From this, I became a Career Development Assistant on a two month internship over the summer and have also worked as a Partner in Learning. Last summer I co-facilitated a workshop with two other students for the University's Annual Learning and Teaching Conference and helped the School of History with their conference on Medieval and Early Modern Queenship.

All of these activities have helped me feel a real part of university life and have helped me to enhance and develop my work skills. I would say to all students, whatever your age, get involved. These three or so years are a perfect time to try something new. There are many opportunities at CCCU to try new things, learn new skills and even earn a little extra money. Just go for it!



FUTURE LEADERS PROGRAMME

Future Leaders is a pilot programme offered by the Sustainability Team. Participation in the programme aims to provide knowledge and understanding of the sustainability agenda as well as to facilitate leadership capabilities. Participants in the programme will:

- Work collaboratively as part of an inter-disciplinary team working on a sustainability issue of strategic significance to CCCU
- Attend events aimed at developing your capabilities for leading change
- Develop your knowledge and understanding of sustainability to enable you to coordinate and develop activity within your school or department
- Receive ongoing mentoring and coaching via the Sustainability Office

Participants will be expected to offer between 50-100 hours of time over the course of the year to develop and deliver activity and will be managed by the Student Green Office. For 2015-16 the team will be asked to develop a programme of activity to widen and deepen engagement with sustainability using the Whole Earth exhibition as an initial focus.

<http://www.hardrainproject.com/index>

At the end of the programme each participant will be awarded a Future Leaders certificate. Time spent on the programme can also be used towards the Christ Church Extra Award, the Volunteering Passport or towards specific module requirements.

THE i-ZONE

The i-zone is a one-stop-shop of advice and FAQs for Canterbury Christ Church students, both online and in person, at various service desks across the campus network.

There are paid opportunities to work on the i-zone and these can be applied for via Unitemps. Hours are variable and will be arranged to fit around the student's academic requirements.

Working on the i-zone provides the student with an opportunity to experience a fast-moving, front-facing and also administrative-based job.

After an intensive period of (paid) training, which includes working alongside permanent members of i-zone staff, the role includes: answering a broad range of telephone and face-to-face enquiries from current and prospective students, staff and members of the public, using a variety of University software systems. Skills are gained in interacting in a professional work capacity with staff in other University departments. Systems usage and team working will also be developed as part of the working process.

It's a great opportunity for a student to enter into a paid, professional job that allows them to experience such a working environment. For students wishing to develop skills beyond those they are discovering while embarking on their degree, the i-zone is a perfect opportunity.

WILLIAM HILL, GRAPHIC DESIGN GRADUATED 2014

I first started ***working for the University** during the summer between my first and second years. Initially, I helped with a few Open Days, showing prospective students around the campus and discussing student life at Christ Church. Soon after, I had an interview for an associate position within the i-zone.

At first I was unsure if I could easily balance both a day time job and my studies, but the i-zone offered very flexible hours and understood the needs of students. I then thought about my first experience with the i-zone when I had questions about studying at Christ Church and I remembered how helpful they had been, giving me all the relevant information about the course I wanted to do and what I needed to apply. I decided that I wanted to give something back to the service that had helped me and, in turn, be in a position to help students. And it seemed a nice place to work!

The i-zone is the first point of contact for so many students who need answers and assistance. It is great to be able to work somewhere where you feel like you can make a difference and to feel that you are part of a team that is directly responsible for supporting students in all sorts of ways within the University.

I graduated in the summer of 2014 and I am still happily working as a full-time member of the i-zone team. It has been a real privilege to have been both a student and member of the i-zone team. I would recommend working within the University whilst studying – not only helpful for the bank balance, but also for the work experience and job opportunities that can follow.



Unitemps is the University's recruitment service for students, graduates and the local community. Unitemps offers part-time and vacation work, internships, placements and full-time work opportunities both within the University and in the local area.

If you are a student looking for some part-time work experience and would like to earn some extra money whilst you study, then you should register with Unitemps.



ALICE VANE, PRIMARY EDUCATION YEAR 2

Christ Church was my first and only choice for university because it is renowned for being one of the best teacher training courses in the country so why would I choose to study anywhere else?! I had always wanted to work as a teacher and the Primary Education course appeared to offer many opportunities to teach not only locally but also internationally. I had also known many people who had undertaken the course previously and had nothing but positive things to say about it.

Since starting the course I have had many opportunities at the University. I worked as a social media associate and successfully set up a student Facebook site designed to help potential students meet new people and get an insight into university life. This then led me to my current position within the i-zone where I work alongside a team of university staff

answering any queries from students about their studies, accommodation or any support services that they need.

I am also going to be travelling to India later this year as part of a Student Cultural experience to travel and teach children in slum areas, some of whom have severe disabilities. I wouldn't have had this if I wasn't studying at Christ Church.

If I was to give any advice to new students it would be to grasp as many opportunities as you can. You may surprise yourself and learn something new, not only about your future career but also about yourself. I have never looked back or regretted any opportunities I have taken and will have fond memories of my student life for many years to come.







PARTNERS IN LEARNING SCHEME

The Partners in Learning scheme is a unique and exciting opportunity for students and staff to work together in partnership to shape and enhance the student academic experience at Canterbury Christ Church University.

Partners in Learning (PiL) students work alongside University staff to co-design and project manage a range of Learning and Teaching research and enhancement projects across the University.

Alongside their specific projects, Partners In Learning students encourage discussion of their learning experiences, contribute to ongoing research in learning and teaching strategies, aid the long-term sustainability of their enhancement projects and have the opportunity to present their work at internal and national academic conferences, and potentially co-publish research.

Partners in Learning students are a key element in helping to create a positive and proactive environment for the development and enhancement of Learning and Teaching at the University.

It is a paid position and full training is given alongside a range of personal development opportunities including project management and presentation skills.



LUKE BENNETT, BUSINESS STUDIES YEAR 1

I chose to study Business at Christ Church because of its reputation as one of the best teacher training universities in the south-east, which is my goal after completing my undergraduate studies.

Not long after I joined the University I was made aware of the Partners in Learning scheme whilst talking to one of my seminar tutors who put me forward for a position on the project. Since becoming a part of the project I have had the opportunity to work closely with other students and members of staff to undertake a research project at the University. I am glad to have found this opportunity and I think that it will play a big part in helping me to develop the skills and relationships that will benefit me on my course now and long after I finish my studies. It has also opened up other opportunities for me in the future and I hope to be able to continue working as a part of the scheme.

A top tip that I would offer for students beginning their time at Christ Church is to talk to people – talk to anyone, meet other students in your year and other years, and meet tutors and lecturers and other members of staff. The more people you know the more opportunities you will have access to, both at university and beyond, and as a result you will get more from your time here.

BEN HARVEY SPORLE, AMERICAN STUDIES PHD

I chose Christ Church for my postgraduate degree course as I had spent three years studying at the University, working towards my undergraduate degree in American Studies. Having got to know the University and the staff I felt confident that I would continue to receive a high quality education.

I've been involved in the Partners in Learning scheme since early 2013, working on a project centred around employability for students on Arts and Humanities courses. I have been given the freedom to determine the direction and objectives of the project, whilst also receiving great support from staff across the University to enable the project to take off.

Through the scheme I have also had the opportunity to present at national and University conferences and to members of staff and departments across the University. I feel more prepared to lead on and present a project in a future job role, having gained this valuable experience. The role has also provided a much deeper understanding of how the University works and how policy is implemented and altered over time. As a result, this has enhanced my relationship with staff which has helped me to get more out of my education.

To new students I would thoroughly recommend they take an opportunity to get more involved in their education, taking advantage of the emphasis being placed on students as partners in learning. By doing so, they can influence how their own course is run and shape their own outcomes. The more you put in to your course, the more you get out of it.

REGISTRY EVENTS STEWARDS

If you are a current student you can volunteer to be a Registry Events Steward at Graduations, Award Ceremonies and Registration events to earn extra tickets for your own Graduation. A full day of work will secure one extra guest ticket. As a steward, you must earn a minimum of two tickets and can earn up to a maximum of six tickets in addition to the two guaranteed tickets that all students are entitled to.

ROLES CAN INCLUDE THE FOLLOWING:

- Assisting with setting-up of the Cathedral/campus
- Assisting with car parking
- Marshalling of graduands and guests
- Registration of graduands
- Assisting with robes and photography
- Checking guest tickets
- Showing guests and staff to their seats
- Assisting with live streaming of ceremonies
- Assisting with celebratory drinks
- Answering general enquiries

(This is not a definitive list but just some examples)

THIS OPPORTUNITY WILL ASSIST YOU IN GAINING THE FOLLOWING SKILLS:

- Planning / Organising
- Problem solving / Creativity
- Teamwork
- Interpersonal / Confidence
- Communication

The hours you work are formally recognised and a certificate presented to you based on the number of hours volunteered. This certificate together with the experience you gained being a Steward can form part of your CV/ portfolio, to showcase yourself to potential employers.

Registry Event Stewarding also contributes to the Christ Church Extra Award.

If you would like to register your interest in becoming a Registry Events Steward please log an enquiry with the i-zone

01227 782222 or **i-zone@canterbury.ac.uk**

FRANCESCA GAMPELL DIAGNOSTIC RADIOGRAPHY FINAL YEAR

I chose Diagnostic Radiography at Canterbury Christ Church University because of the placements it offered and the beautiful city of Canterbury, a home from home for me.

I started at the University in September 2012 after a summer of volunteering at the London Olympics in the Stratford Olympic Stadium. I was keen to embrace the new environment and make the most of the opportunities that were available to me, both in the University and in the city.

As well as working part-time in the centre of town, I became aware of the volunteering roles available at the University. I volunteered at several Open Days and then became aware of stewarding with the Registry office, which gives students the chance to volunteer at graduation events with the bonus of earning extra tickets for their own graduation.

I thoroughly enjoyed being part of student graduations as it enabled me to be part of what is a happy and memorable event for students. It also made me incredibly excited for my own graduation and gave me an incentive to study. In my second year I put myself forward to become a Senior Steward and I was lucky enough to be picked for the role.

My role as a Senior Steward was to assist and manage volunteer stewards at graduation events, ensuring processions ran smoothly whilst being polite and hospitable towards guests and graduands. I enjoyed having the responsibility of accommodating guests whilst building team spirit among my stewards.

My experiences at university have really helped me prepare for the future; they have exposed me to working with different varieties of people and have given me a real understanding of how to foster team spirit when working in a group. I have developed skills such as communication and confidence that I can now take on to future employment after graduating.

I would advise all new students to embrace your campus and its opportunities – be that through your course or other avenues in the University. There is plenty on offer and plenty to get involved in.



STUDENT OUTREACH AMBASSADORS

The Outreach Team at Canterbury Christ Church University believes in the transformative power of higher education and that everyone with the ability to succeed at university should be able to benefit from the experience. We are committed to inspiring the next generation of students to aspire to higher education and we do this with the support of our team of dynamic Student Outreach Ambassadors.

Our Student Ambassadors work with schools and college students from over 50 institutions in Kent and Medway to share their experiences of higher education, from UCAS application to managing their transition to university and budgeting advice. They provide an insight into the day-to-day experiences of undergraduate life and study, and become a trusted and friendly point of contact for young people. Ambassador activities range from giving an inspirational talk on the benefits of higher education, supporting aspiration-raising taster days, mentoring young people in a particular subject, to supporting a successful UCAS application.

As an Outreach Ambassador you will gain valuable experience in working with young people from Primary School to 18+ and you will receive a wide variety of training in areas such as mentoring and study support

techniques. You will also undertake Health and Safety and Equality and Diversity training, have a DBS clearance and Level 1 Child Protection training.

Working as an Outreach Ambassador is a perfect opportunity for anyone considering a career in education and would like to gain experience, for anyone who wishes to make a difference in the community and for anyone who wishes to supplement their income by working for the University at times that fit around their study.

Outreach Ambassadors are paid for all their work and training and can submit expenses claims for any travel costs incurred whilst working. They are paid per hour for ordinary events and more for events such as talks which require preparation.

If you would like to become an Outreach Ambassador please email outreach@canterbury.ac.uk for details of the next recruitment round.

EMILY MILNE PRIMARY EDUCATION FINAL YEAR

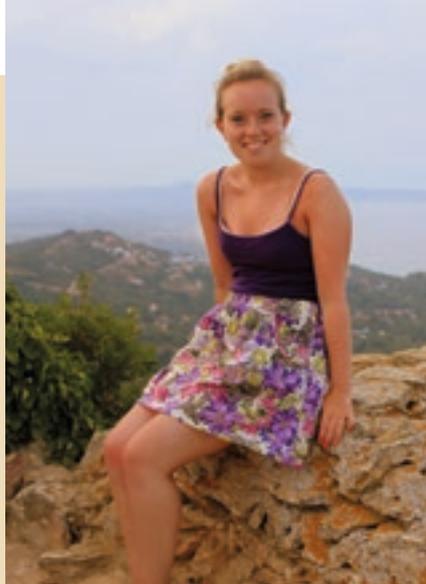
When I visited the University for an Open Day, within 15 minutes of arriving in Canterbury I knew I wanted this to be my home for the next three years. I chose Christ Church because of the lively and busy city and the outstanding reputation that it held for Primary Education.

As I recall my primary school teacher making a puppet recite the nine times table, I realise the significance he had upon my life. Everything I was taught now impacts me; how I learnt to read and write, how to express myself and most importantly, how to achieve. Those lessons will never be forgotten, just like my nine times table, and it was for this very reason I chose to take up a career in Primary teaching. Within my degree, I have had the opportunity to work with children and become an influential part of their lives.

Whilst at CCCU, I have been a Student Outreach Ambassador; this role has involved me working in a team to support students in local sixth forms and colleges within Kent. My role as an Ambassador includes delivering talks and workshops to students and supporting prospective candidates with their UCAS applications and personal statements.

These opportunities have given me the chance to represent the voice of all students at CCCU through Open Days. I have delivered talks to prospective Christ Church candidates regarding general student life, finance and accommodation, and applying to study for a Primary Education degree specifically.

Having this new confidence has also allowed me to become social secretary for the Christ Church swimming team. This involves me planning, organising and hosting social



events for the team. It is imperative that I am punctual, organised and inclusive towards all swimmers.

The opportunities I have experienced at Christ Church have been invaluable. Most people who begin university will walk out with a degree, but I have had the opportunity to obtain a degree and a whole lot of life experience too. I have worked alongside so many other students from all backgrounds. I have had the opportunity to teach in Ghana for a month, where I made friends for life. I have developed in confidence through the delivery of talks and communication with my peers in the swimming team. I have grown to love university life and I know I am going to miss it incredibly. If it wasn't for my experience at Christ Church I don't think I would have had the confidence or the ability to secure my first teaching position.

My top tip would be to embrace university life, try everything new, talk to new people, visit new places, be brave and go out of your comfort zone because it truly has been the best three years of my life.

STUDENT OUTREACH AMBASSADORS

JOSHUA KERSHAW, GEOGRAPHY AND HISTORY YEAR 2

I decided to choose Christ Church because I wanted to experience living in another part of the country for a few years. Having lived in South Wales all my life I wanted to make the most of going to university and experience life in a completely new location. I also chose Christ Church because of the course I wanted to do. I wanted to do a combined honours degree in Geography and History, my two favourite subjects, but many universities do not give this option and others did not give a wide range of modules to choose from. At Christ Church both of my course subjects have a wide range of modules and I have made the most of studying as wide a range as I can.

In my first year I saw an advertisement for the role of Student Ambassador for the Outreach Team. After a quick and easy application process I was successful and began working in my new job. The opportunity has been fantastic as I have been able to work in schools and colleges throughout Kent and help to make a difference to the education of many young people. I aspire to train as a teacher when I graduate and this job has provided me with so much experience. The job is so varied – I work in lots of different schools and a variety of different schemes, from CV workshops to teaching GCSE pupils effective study skills. My

work hours also count towards the Christ Church Extra Award which gives you something to take to an employer to demonstrate your dedication.

Coming to Christ Church was a fantastic choice, I have gained the degree knowledge that everyone comes to university for but I have also achieved fantastic work experience and developed myself more than I anticipated. Christ Church aims to get the best out of its students, so to new and prospective Christ Church students I would strongly advise getting involved in the many opportunities the University has to offer.



STUDENT PEER SUPPORT SCHEME

The Student Peer Support Scheme is a flexible and confidential voluntary scheme in which current students aim to provide support for new and prospective students to them to manage the transition to life at university. It is a service open to all students.

THE BENEFITS INCLUDE:

- Enhancing your personal and inter-personal skills
- Developing your transferrable skills
- Improving your employability prospects
- Improving your academic skills
- Developing your self-esteem and confidence
- Maximising your Christ Church experience
- Access to specialist mentoring training

THERE ARE A NUMBER OF WAYS TO GET INVOLVED EITHER AS A MENTOR OR MENTEE:

- Peer Mentoring (Face-to-face)
- Peer Mentoring (Electronic)
- Peer Tutoring (Course-specific) – Paid role

Email peermentoring@canterbury.ac.uk to find out if your course is part of the scheme.

THEOULA TOUMPA EDUCATIONAL STUDIES POSTGRADUATE

I have worked in education for years and chose to develop my knowledge of the area further by studying for a postgraduate degree in Education Studies. Having worked in an educational setting before, I assumed that I would settle quickly but academic life at Christ Church has been a completely different experience for me. I have really enjoyed getting involved in many of the activities and volunteering opportunities on offer.

It has been a new experience for me to support students, with a different cultural and educational background to me, one-to-one through the Peer Mentoring Scheme. Through this and my voluntary work as a general assistant for the Academic English Service I have really broadened my intercultural point of view. One of the greatest benefits of these roles has been that I have been able to develop myself personally and professionally, whilst also helping others to make the most of their time at university.

Through both of these opportunities I found out about the Christ Church Extra Award and attended workshops on presentation skills and interview techniques. The aim of the award has been to enable students to demonstrate through their extracurricular achievements how they are developing themselves as more rounded individuals and at the same time enhancing their employability. Getting actively involved in the workshops I have been able to expand on my abilities in the area of communication, presentation and intercultural awareness.

I would recommend any new student to find out about the variety of activities and opportunities that are on offer, to reach out to the academic community, learn new skills, advance their career and even make new friends.



VOLUNTEERING SERVICE

The Volunteering Service exists to encourage students to engage with their local community doing something worthwhile, making new friends and having fun whilst gaining new skills which will remain with them for life.

Whether your interest is primarily in social issues which affect people, caring for the environment, raising money for a charity close to your heart or helping children or young adults to develop their own interests, there is sure to be a relevant organisation close by who would love extra help. However you may prefer to volunteer on campus, there are various opportunities available, particularly via the Students' Union. The best way to look for ideas would be to look on our volunteering website www.canterburyvolunteering.org.uk where you can apply direct and also log your hours.

There are lots of other opportunities in information sheets at The CORE in Augustine House or The CORE online. For more information, the volunteer team are available in Augustine House, or via volunteer@canterbury.ac.uk. Or come along to the INVOLVE Fair on Friday 25 September to meet some organisations and find out more about how to volunteer. Failing that, come along to a Volunteering Drop-in (Tuesdays and Thursdays 11am-1pm in term time) or make an appointment to see us and tell us the sort of thing you are looking for and we'll try and help.

The hours you log, which will need to be confirmed, allow you to receive a certificate each year for the number of hours you have given and when you leave you can receive one for the total amount of hours. These also count towards the Christ Church Extra Award.

VOLUNTEERING SERVICE

GROVE SYKES ECOLOGY AND CONSERVATION POSTGRADUATE

I joined CCCU as it offered me a course which allowed me to make a progressive step with my career. I have always wanted to have a job which was outdoors and preferably involving conservation; this course was perfect as it had a broad spectrum of modules and involved some practical fieldwork.

With the career path I wanted to pursue I knew that every little bit of experience would increase my chances of getting interviews and consequently a job when I left university. With this in mind I decided to take part in some of the BioBlitz events which the University was involved in. During my holidays I volunteered with a local conservation group near to where I lived. All of these events helped me, although when I left Uni I was still finding that I couldn't get interviews due to my lack of long-term experience.

Due to this I decided to take on a long-term volunteering scheme with the RSPB in Dorset. With the RSPB, I volunteered 5 days a week and in return I was given accommodation and training in equipment and surveying which I knew would help me in my career. I spent 8 months with them and had an experience I will never forget! My efforts I'm pleased to say have now paid off; the extra time and effort I have devoted during the past 4 years gained me some interview opportunities which resulted in me now being employed with the National Trust in my ideal job role.

CCCU helped me realise that there are many more things that you can do alongside your degree to help you with your career. During these experiences not only do you gain skills which will be useful in the workplace, but you also meet people who have knowledge of that career path and contacts who can be very important when it comes to job hunting, interviews and references. I also found that lecturers were always willing to help and showed a real interest in your career. I received excellent advice and support from the moment I walked through the door and I'm still in contact with those individuals now.

My top tip to new students would be make the most of every opportunity as every bit of experience you gain will show your devotion and desire to succeed to your prospective employers.





THE DIRECTORY

ACADEMIC SERVICES

Appeals and Complaints
Change of Academic Circumstances
Extenuating Circumstances
Replacement Certificates or Transcripts
Change of Personal Details
GMS Examination Timetables
Term Dates
Policy Zone
Graduation

☎ 01227 782222

✉ i-zone@canterbury.ac.uk

IT SERVICES

Free and discounted software
Office 365
CLIC, Portal, and the Christ Church App
Blackboard
Student Smartcard
Campus Wifi
iBorrows

☎ 01227 782222

✉ i-zone@canterbury.ac.uk

LIBRARY

Library Search
Inter-Library Loans

✉ i-zone@canterbury.ac.uk

☎ 01227 782222

🐦 @cccubookshop

Printing
Box of Broadcasts
(BoB) Media Archive

✉ i-zone@canterbury.ac.uk

☎ 01227 782222

🐦 @CCCU_IT

Library Fines

☎ 01227 782352 (Canterbury)

☎ 01843 609103 (Broadstairs)

☎ 01634 883278 (Medway)

☎ 03330 117126 (Salomons)

Room Bookings

🌐 <https://cliv.canterbury.ac.uk/>

Bookshop

🐦 @cccubookshop

CAREERS AND JOBS

Careers Advice	✉ careers@canterbury.ac.uk
Interviews and Assessments	✉ careers@canterbury.ac.uk 🐦 @CCCU_Careers
CVs and Applications	📘 Careers@CCCU
Unitemps	✉ unitemps@canterbury.ac.uk 🌐 www.canterbury.ac.uk/unitemps ☎ 01227 782204 🐦 @CCCU_Unitemps 📘 Careers@CCCU
The CORE	🌐 www.canterbury.ac.uk/careers/core

SPORTS, SOCIETIES AND OPPORTUNITIES

ACTIVITIES

Students' Union Societies	✉ hello@ccsu.co.uk ✉ student.activities@ccsu.co.uk ☎ 01227 863485 Ext. 2510 🐦 @christchurchsu 📘 Christ Church Students' Union
---------------------------	--

STUDENT OPPORTUNITIES

Arts Extra	✉ artsextra@canterbury.ac.uk
Christ Church Extra Award	✉ christchurchextra@canterbury.ac.uk 🐦 @CCExtra 📘 christchurchextra
Graduation Stewards	✉ i-zone@canterbury.ac.uk ☎ 01227 782222
Outreach Ambassadors	✉ outreach@canterbury.ac.uk 🌐 To apply, go to www.canterbury.ac.uk/unitemps 🐦 @OutreachCCCU

STUDENT OPPORTUNITIES CONT.

Partners in Learning	✉ partnersinlearning@canterbury.ac.uk 🌐 To apply, go to www.canterbury.ac.uk/unitemps
Peer Mentoring	✉ peermentoring@canterbury.ac.uk
Student Green Office	🌐 To apply, go to www.canterbury.ac.uk/unitemps 🌐 http://studentgreenoffice.wix.com/studentgreenoffice 📡 https://futurelife happiness.wordpress.com
Volunteering	✉ volunteer@canterbury.ac.uk 📘 volunteers@CCCU

SPORTS ACTIVITIES

Students' Union Sports	✉ sports@ccsu.co.uk ☎ 01227 863485 Ext. 2271 🐦 @CCSport 📘 Christ Church Students' Union
Fitness Courses	📘 Christ Church Sport
PlaySport	✉ Playsport@canterbury.ac.uk 🐦 @CCCUPlaysport 📘 CCCU Playsport
Sports Coaching Courses	🐦 @CCCUsport 📘 Christ Church Sport
Performance Sport	🐦 @CCCUsport 📘 Christ Church Sport
TrySport	🐦 CCCUTrysport 📘 CCCU Trysport
MoveMore	📡 https://cccumovemore.wordpress.com ☎ 01227 863505 🐦 @CCCUMoveMore 📘 CCCU Move More

SUPPORT SERVICES

FAITH AND RELIGION

Confidential Listening Service
Prayer Faith and Support
Local Worship
Pastoral
Support and Advice Vocation
Guidance
World Faiths

✉ chaplaincy@canterbury.ac.uk

☎ 01227 782538

🐦 @CCCUChapel

📘 CCCU Chapel

📍 Friends-of-Chaplaincy-at-Medway

ACADEMIC SKILLS

English for International Students

✉ academic.english@canterbury.ac.uk

☎ 01227 863616

Academic Learning Development
Workshops and Tutorials

✉ learner@canterbury.ac.uk

☎ 01227 782641

🐦 cccu_ald

SUPPORT, ADVICE AND WELLBEING

Bereavement Support

✉ chaplaincy@canterbury.ac.uk

☎ 01227 782538

🐦 @CCCUChapel

📘 CCCU Chapel

📍 Friends-of-Chaplaincy-at-Medway

Counselling and Mental Health Support

✉ counselling@canterbury.ac.uk

✉ mental-health-support@canterbury.ac.uk

☎ 01227 863056

Disability Support and Information

✉ disability@canterbury.ac.uk

✉ dyslexia@canterbury.ac.uk

Financial Support

✉ studentwellbeing@canterbury.ac.uk

International Student Support

✉ studentwellbeing@canterbury.ac.uk

☎ 01227 782675

SUPPORT, ADVICE AND WELLBEING CONT.

Occupational Health	✉ occupational.health@canterbury.ac.uk
Student Mediation Service	✉ mediationclinic@canterbury.ac.uk ☎ 01227 863026
Student Peer Support	✉ peermentoring@canterbury.ac.uk ☎ 01227 782222
Term Dates	✉ i-zone@canterbury.ac.uk ☎ 01227 782222

TRANSPORT AND ACCOMMODATION

ACCOMMODATION

Accommodation Parking	✉ accommodation@canterbury.ac.uk
Accommodation Postal Service	✉ i-zone@canterbury.ac.uk ☎ 01227 782222
Accommodation Room Changes	✉ accommodation@canterbury.ac.uk ✉ studentwellbeing@canterbury.ac.uk
Fault Reporting	✉ accommodation@canterbury.ac.uk
Housekeeping Services	✉ facilities-helpdesk@canterbury.ac.uk ☎ 01227 782325 URGENT ENQUIRIES: ✉ housekeeping@canterbury.ac.uk ☎ 01227 782235
Internet Service ASK4	✉ support@ask4.com ✉ i-zone@canterbury.ac.uk ☎ 0114 303 3232 Text 'help me' to 07797 800 545

TRANSPORT AND PARKING

Off Campus Parking

On Campus Parking

Public Transport and Discounts

✉ facilities-helpdesk@canterbury.ac.uk

☎ 01227 782325

🌐 www.canterbury.ac.uk/students





www.canterbury.ac.uk

